

Personal, Social, Health and Citizenship Education Policy

This policy should be reviewed annually and as required by legislation.			
Action	Reviewer	Date	Completed
Review		November 2023	
Approved by Governors			
Date for next internal review			
Date for next BoG approval			

Review Policy to be published:

- On website
- On portal

References:

This policy links with those on Relationships and Sex Education, Anti-Bullying, Computing and e-Safety and Safeguarding and Child Protection.

The Rationale for Personal, Social, Health and Citizenship Education (PSHCE)

PSHCE education is a planned programme of learning through which pupils and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole school approach, PSHCE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

PSHCE education is an important and necessary part of all pupils' education. All schools must provide a curriculum that is broadly based and balanced, and which meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010 such a curriculum: "promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life."

PSHCE education can help schools to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHCE education programme makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing. In addition the learning provided through a comprehensive PSHCE education provision is essential to safeguarding pupils.

PSHCE education equips pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing. A critical component of PSHCE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHCE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain

good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

PSHCE Education and Safeguarding

Teaching about safety and relationships as part of PSHCE education contributes to how schools approach the safeguarding of pupils. It helps them to recognise when they and others are at risk and equips them with the skills, strategies and language they need to take appropriate action. This is crucial to fulfilling statutory duties in relation to safeguarding pupils.

PSHCE education also offers an opportunity to fulfil the requirements of the Government's statutory guidance issued under section 29 of the Counter-Terrorism and Security Act 2015 (Prevent Duty Guidance) by giving pupils the chance to explore, understand and discuss fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs.

In addition, PSHCE education helps students learn about the importance of e-Safety. Pupils need guidance in developing their own set of responsible behaviours to keep them safe when online, but equally they should know that, if things go wrong, they may seek help and support from any trusted adult.

The Equality Act 2010 also places duties on schools to help to reduce prejudice-based bullying and in doing so to keep protected characteristic groups safe. PSHCE education plays an important part in fulfilling these responsibilities.

PSHCE Education at City Junior School

City Junior School seeks to use PSHCE education to build, where appropriate, on the statutory content outlined in the National Curriculum, the Basic School curriculum and in Statutory Guidance on: drug education, financial education, e-Safety, Relationship and Sex Education (RSE) and the importance of physical activity and diet for a healthy lifestyle.

In keeping with our core values of Community & Citizenship, Joy & Wellbeing and Scholarship & Discovery, we encourage our pupils to play a positive role in contributing to the life of the school and the wider community and many opportunities to do so exist within the school.

The Aims of PSHCE Education at City Junior School:

- 1) To develop confidence and responsibility and make the most of abilities
- 2) To develop a healthy, safe lifestyle including online
- 3) To develop good relationships and respect the differences between people
- 4) To prepare to play an active role as citizens and understand the importance of British Values 5) To develop economic, financial and enterprise capabilities 6) To develop an awareness of different careers and work-related learning

The Organisation and Delivery of PSHCE Education at City Junior School

Personal, Social, Health and Citizenship Education is delivered formally by class teachers, with support from the Assistant Head (Pastoral) and subject leader, the school nurse, the school counsellor and external speakers. There are two timetabled lessons every week, lasting 40 minutes each, one of which is dedicated to a form/ Circle Time session. PSHCE education is also delivered through the academic curriculum, particularly in subjects such as Computer Science, Religion, Philosophy and Ethics, History, Geography, Biology, PE and Thinking Skills lessons. The themes of PSHE are strongly reflected and reinforced during Thinking Skills lessons, which are often used to further explore and develop issues, questions and concerns the pupils raise during PSHCE.

In addition, whole-school and section assemblies (Lower Key Stage 2 and Upper Key Stage 2) incorporate many of the overarching concepts of PSHCE education, and pupils are encouraged to participate in these assemblies themselves. Pupil Leadership roles such as Heads of House and Members of School Parliament also play a part in delivering several of the key themes of PSHCE education.

The school also provides many practical opportunities for pupils to experience fundamental British Values. They are encouraged to take an active role in decision making and to have the knowledge, skills and understanding to play an active role in both the school and the wider community. Each House elects two House Captains and the School Parliament offers pupils a junior-level introduction to the UK electoral system.

The Content of PSHCE

PSHCE education at City Junior School follows the framework provided by the PSHE Association in October 2014 (www.pshe-association.org.uk). This national programme of study covers Key Stages 1 and 2 and is based on three core themes:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

This programme of study identifies the key concepts and skills that underpin PSHCE education and helps schools to fulfil their statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life.

Relationships and Sex Education (RSE) is a requirement and in this respect City Junior School adheres to the statutory guidance from the Department for Education.

Our schemes of work also incorporate the programmes of study for Citizenship published by the Department of Education in February 2013.

The PSHE Subject Leader creates the curriculum map for Years 3 – 6 which is shared with class teachers, who use and adapt it to plan lessons for their classes. All lessons and schemes of work follow the PSHE Association's "Ten Principles for Good PSHCE Education".

The Recording and Evidencing of PSHCE

Pupils's learning and progress in PSHCE is recorded and celebrated in PSHCE floor books, which are also used for Thinking Skills. Pupils are encouraged to record their learning independently, taking ownership of their class books and incorporating the information they choose, as well as teachers' input.

Monitoring and Review

It is the responsibility of the PSHCE Subject Leader to monitor and review the delivery, content, teaching and assessment of PSHCE education. Details of the Policy will be available to parents via the school website and portal.